

Peer Support

Benefits of speaking with a peer:

- Talk to someone who understands the challenges of college life
- Conversations take place in an informal judgement free zone
- Information about campus and community resources are available

No appointment needed!

-Drop-in hours at Counseling Services beginning 9/5/23

Where: SSC Room 0222

Tuesdays 10:00-1:00

Fridays from 11:30-2:30

Facilitated by students for students to help:

- Build community
- Manage daily stressors of being a college student
- Gain academic skills



SIUE Counseling Services Room 0222 of the Student Success Center (618)650-2842
Questions: email Jessica at jeulric@siue.edu